

ABQ ENDODONTICS

PRE-OPERATIVE INSTRUCTIONS FOR SURGERY

To ensure that you are prepared for your surgery here are a few pre-operative instructions:

1. Make sure that you eat as you normally would the day of your surgery. It is important that you feel well and have strength to allow your body to function and heal properly. Foods will be limited to soft, cool foods for the first couple of days following the surgery.
2. Take all your daily medications unless otherwise directed by your doctor. If you require antibiotic premedication, it should be taken an hour before your appointment.
3. On the day of surgery, wear loose comfortable clothing.
4. You will be able to drive yourself to and from the appointment unless you have been directed otherwise by your doctor or will be taking medications to help you relax during the procedure. However, you may find it helpful to have someone take you to and from the appointment.
5. Following your procedure, plan to go home afterwards and relax. Try to avoid strenuous physical activity.
6. Your appointment will last approximately 1 hour and 30 minutes. Please plan accordingly.
7. You will be asked to return to our office in about a month after your surgery to check for healing.
8. Swelling and/or bruising from the surgical site will be visible for about 7 days following the procedure. Following the post-operative instructions you will be given on the day of your appointment will help reduce this swelling and will aid in the healing of the surgical area.
9. You will experience pain following the procedure. Over the counter medications as well as a prescription medication will be recommended to limit the discomfort.

If you have any questions or concerns before your scheduled appointment, please contact us at (505) 291-8630.

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